**Intervention guidelines to improve patient’s skills and abilities**

**Passive participation level**

**Aims**

* To improve personal management
* To improve knowledge and skills
* To improve confidence in a wider range of social situations
* To improve work habits, punctuality, organisation, presentation
* To improve self-esteem

**How to interact to get positive results**

* Praise when applied maximum effort and initiative
* Give positive feedback linked to something specific they have achieved
* Set the expected norms, what is expected of them
* Prepare the person for new situations – what to be expected
* Guide, teach, help to evaluate
* Encourage to plan and make own decisions

**How to structure the environment**

* Structured weekly timetable with a range of opportunities
* Patients to take more responsibility for organising selves but may need occasional reminders
* Give clear instructions to make sure they understand what is required
* Show them examples of the standards of the activity required – eg- how clean and tidy their room should be
* Supervise and check on them regularly

 **Activity requirements**

* Engagement can range from between 2-4 hours and should have a busy week
* Focus is on producing a good quality end product, e.g., tidy room, presentable, good standard of task
* Can engage in group activities